

Community

CONNECT | LOUTH & MEATH

WELLBEING MAP - LOUTH

5 WAYS TO WELLBEING



KILLANNY PLAYGROUND
53.95881487643797, -6.648367075632248

5 WAYS TO WELLBEING



ST BRIGID'S SHRINE
54.051628538141685 -6.38379386214471

5 WAYS TO WELLBEING



OMEATH GREENWAY
54.05669097407241 -6.190671872939451

5 WAYS TO WELLBEING



BLACKROCK
53.96822994194765 -6.361872415437508

KNOW YOUR FLAGS AT THE BEACH

 **Swimming**
Zone Lifeguard on Duty. Swim between the Flags.

 **DANGER**
No Swimming.

 **NO FLAG**
No Lifeguard on duty!

5 WAYS TO WELLBEING



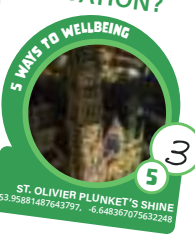
ARDEE LIBRARY
53.83598988062343 -6.520640116123801

HOW MANY OF THE '5 WAYS' DID YOU ACHIEVE AT EACH LOCATION?

Keep a tally of which 5 ways to wellbeing you encounter on your visits

3 out of 5
During my visit to St. Oliver Plunkett Shrine, I connected, took notice and I learnt something new

5 WAYS TO WELLBEING



ST. OLIVER PLUNKETT'S SHRINE
53.92891467942797, -6.648367075632248

5 WAYS TO WELLBEING



OLD MELLIFONT ABBEY
53.74217055859666 -6.466242485440008

5 WAYS TO WELLBEING



CLOGHERHEAD TRAIL
53.79333702982521 -6.221364158512539

5 WAYS TO WELLBEING



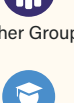
TERMONFECKIN BEACH
53.759929651650936, -6.247677200783772

5 WAYS TO WELLBEING

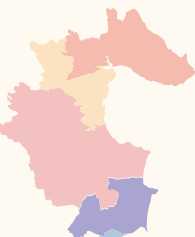


ST. OLIVER PLUNKETT'S SHRINE
53.716915585708385, -6.350493547595739

MAP LEGEND

- | | | | |
|---|---|---|---|
|  |  |  |  |
| Beach | Library | Youth Clubs | Women's Shed |
|  |  |  |  |
| Walkway | Heritage Site | Cycleways | Sports & Leisure |
|  |  |  |  |
| Playground | Park Run | Hike/Woodlands | Family Resource Centre |
|  |  |  |  |
| Men's Shed | Other Group | Culture Groups | LCDC |
|  |  |  | |
| Community Centre | Lifelong Learning & Education | Tourist Information | |

MUNICIPAL DISTRICTS

- 
- Dundalk/Carlingford
 - Dundalk South
 - Ardee
 - Drogheda Urban
 - Drogheda Rural

DUNDALK BAY

Please note: Markers on the map are not exact locations and are used to showcase selection of amenities in the County

DUNDALK/CARLINGFORD

COMMUNITY SPACES

- ☐ Cooley men's shed
- ☐ Cooley women's shed
- ☐ Cooley Hall
- ☐ Kilcurry Resource Centre
- ☐ Mullaghbuoy Hall
- ☐ The Foy Centre
- ☐ The Dolmen Centre
- ☐ Cooley Youth Club
- ☐ Ravensdale Forest
- ☐ The Táin Way
- ☐ omeath Greenway
- ☐ omeath Playground
- ☐ Cooley Kickhams Playground
- ☐ Carlingford Playground
- ☐ Lordship Playground
- ☐ Kilcurry Playground

ACTIVE SPACES

- ☐ Templetown Beach
- ☐ Gyles' Quay
- ☐ Carlingford Greenway
- ☐ Slieve Foye
- ☐ Annaloughan Loop walk

LEARNING SPACES

- ☐ Carlingford Tourist office
- ☐ Carlingford Library
- ☐ King Johns Castle
- ☐ Proleek Dolmen
- ☐ Castle Roche



ARDEE



COMMUNITY SPACES

- ☐ Dunleer Men's shed
- ☐ Mid-Louth Men's shed
- ☐ Ardee Parish Centre
- ☐ Dee Hub
- ☐ The Market House, Dunleer
- ☐ Lann Leire Pavillion, Dunleer
- ☐ Aclint Community Hall
- ☐ Darver Community Centre
- ☐ LLDC Ardee office
- ☐ Louth Village Youth Club
- ☐ Mid Louth Youth Service
- ☐ Scoraíocht Lann Léire

ACTIVE SPACES

- ☐ Annagassan Beach
- ☐ Railway Walk & Memorial Park, Ardee
- ☐ Fairgreen Ardee
- ☐ Dunleer
- ☐ Tinure
- ☐ Killanny
- ☐ Castlebellingham
- ☐ Louth Village

LEARNING SPACES

- ☐ Ardee Library
- ☐ Dunleer Library
- ☐ Ardee Castle
- ☐ Jumping Castle

DROGHEDA RURAL

COMMUNITY SPACES

- ☐ Tullyallen Men's Shed
- ☐ Clogherhead Women's Shed
- ☐ Tullyallen Community Centre
- ☐ Clogherhead Community Centre
- ☐ Clogherhead and Dunleer Loop
- ☐ Clogherhead
- ☐ Tullyallen

LEARNING SPACES

- ☐ Beaulieu House and Garden
- ☐ old Mellifont Abbey
- ☐ Monasterboice Round Tower

ACTIVE SPACES

- ☐ Termonfeckin Beach
- ☐ Clogherhead Beach
- ☐ Clogherhead Cliff Walk
- ☐ Townley Hall Loop
- ☐ Tullyallen Cycle Loop

DISCOVER BOYNE VALLEY



DUNDALK SOUTH

COMMUNITY SPACES

- ☐ Dundalk Men's Shed
- ☐ Dundalk Women's Shed
- ☐ Muirhearnam Community Centre
- ☐ Blackrock & Haggardstown Community Centre
- ☐ Kilkenny Community Centre
- ☐ Cuidign Linn
- ☐ disABILITY Louth
- ☐ Redeemer Family Resource Centre
- ☐ LLDC Dundalk office
- ☐ Culture Connect Dundalk
- ☐ Somali Irish community
- ☐ African Cultural Centre
- ☐ Dundalk Youth Centre
- ☐ Autism Rocks Arch Club
- ☐ Blackrock Youth Club
- ☐ The House, Cox's Demesne
- ☐ Muirhearna Mór Community Youth

ACTIVE SPACES

- ☐ Dundalk Sports Centre
- ☐ Aura Dundalk Swimming Pool
- ☐ Dundalk Park Run DKIT
- ☐ Dundalk Junior Park run
- ☐ Blackrock Beach
- ☐ Blackrock 'Around the Rock' Walk
- ☐ Stephenstown Pond
- ☐ Dundalk Bay Loop
- ☐ Aisling Park
- ☐ Blackrock
- ☐ Stephentown Pond
- ☐ Muirhevanmor
- ☐ Clarkes Park, Marshes
- ☐ St. Helena's Park

LEARNING SPACES

- ☐ Dundalk Tourist office
- ☐ Dundalk Library
- ☐ County Museum
- ☐ Louth County Archives
- ☐ DKIT
- ☐ LMETB
- ☐ Dundalk Community Training Centre
- ☐ National Learning Network Centre, Rehab Group
- ☐ Youth Reach
- ☐ RSTC Regional Skills & Training Centre



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@sealouth

DROGHEDA URBAN

COMMUNITY SPACES

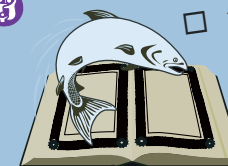
- ☐ Boyne Women's Sheds
- ☐ Drogheda Community Services Centre
- ☐ The Barbican Centre
- ☐ Lourdes Recreation and Community Centre
- ☐ Holy Family Community Centre, Ballsgrove
- ☐ Lifestyle Development Group
- ☐ Drogheda & District 4 older People
- ☐ Connect Family Resource Centre
- ☐ LLDC Drogheda office
- ☐ Culture Connect Drogheda
- ☐ Boomerang Café
- ☐ Ballsgrove Youth Club

ACTIVE SPACES

- ☐ Lourdes Stadium
- ☐ Aura Leisure Centre, Drogheda
- ☐ Drogheda Steps Walk
- ☐ St Dominics Park
- ☐ Moneymore
- ☐ Boice Court

LEARNING SPACES

- ☐ Drogheda Tourist office
- ☐ Drogheda Library
- ☐ Magdalene Tower
- ☐ Millmount Museum
- ☐ Drogheda Institute of Further Education
- ☐ Drogheda College, LMETB



Please note: This is only a selection of community, active and learning spaces

Transport for Ireland Need a lift?

www.transportforireland.ie • www.irishrail.ie • www.buseireann.ie

Other ways to Positive Mental Health with the support of #YourCommunity'

CONNECT



GET ACTIVE



TAKE NOTICE



KEEP LEARNING



GIVE



WEBSITE



EMAIL healthylouth@louthcoco.ie

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f @HealthyLouth

@healthylouthcoco

